



2018 USATF Minnesota Association Junior Olympic Track & Field Championships

Thursday - Sunday, June 14-17, 2018
Hamline University – Saint Paul, Minnesota

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

8 & under (born 2010 +)
9 - 10 (born 2008-2009)
11 - 12 (born 2006-2007)
13 - 14 (born 2004-2005)
15 - 16 (born 2002-2003)
17 - 18 (born 2000-2001)
* athletes born in 1999 are also eligible if they do not turn 19 on or before 7/29/2018



Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2018 members of USATF in good standing.

Relay Teams: Only registered 2018 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org/membership.

ENTRY PROCESS:

Individual Entries: \$8.00 per event
Relay Entries: \$26 per relay team
Decathlon/Heptathlon: \$18 per decathlete/heptathlete
Triathlon/Pentathlon: \$12 per triathlete/pentathlete

Club Administrators and Unattached Athletes should register online at <https://www.athletic.net/TrackAndField/meet/338072/register> by June 14 at 10:00 pm central time. **Late entries will not be allowed.** Online registration opens April 15, 2018. **Fees must be paid online by the close of registration.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>

Valid 2018 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received (via mail or email) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation.

Membership Chair: Craig Yotter
Address: 960 Douglas Road, Mendota Heights, MN 55118
Email: office@usatfmn.org
For questions, contact: office@usatfmn.org

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

8 & UNDER AGE GROUP: 8 and under age division athletes must be at least 7 years of age by December 31 of the current year to be eligible to compete at the USATF National Junior Olympic Championship. Athletes younger than 7 as of Dec. 31 of the current year may compete at the association and region meets (if qualified from association) only.

TRACK EVENT CHECK-IN: Track athletes will check in at the end of the West Bleachers (near the 100m start line). Only athletes will be allowed in the clerking area. See attached map for clerking area.

FIELD EVENT CHECK-IN: Field athletes should report in no earlier than 30 minutes prior to the scheduled start of the field event at the field event venue but not later than the scheduled start. Athletes may be permitted to check-in after the scheduled start while an event is still in the preliminary stage but will not be permitted to take warm-up attempts after the event has officially started. Crossbars will not be lowered in the high jump or pole vault for late arriving athletes. If an athlete has not checked in at the point all other athletes have completed preliminary attempts, a late arriving athlete will not be permitted to compete.

LONG JUMP/TRIPLE JUMP: Athletes must check in with the event officials and work with the officials to get jumps completed before leaving for other events or communicate with officials about event conflicts. Officials will attempt to work with athletes to manage track and field event conflicts or field and field event conflicts by providing for jumps out of order in preliminaries or consecutive jumps. The top 9 athletes from preliminaries will advance to the finals. During the finals, athletes will jump in reverse order (9th best going first, 1st competing last) and will be called to jump by the official. During the finals, athletes must be present to jump when called and must compete in the order assigned. If an athlete is not present when called during finals, the athlete will be marked as having passed the attempt and will not be permitted to take a passed jump later. Athletes may request to take consecutive jumps in preliminary rounds or finals.

POLE VAULTER WEIGH-IN AND IMPLEMENT WEIGH-IN: Shot, discus, javelin and hammer weigh-in and inspection will take place near the entry to the stadium beginning at 8:15 AM Saturday for all age divisions. Javelins, hammers, pole vault poles and implements used for combined events will be inspected at field event venues. Only implements inspected will be allowed into competition. Pole vaulters will be required to be weighed prior to competition by meet officials and may only use poles rated for their weight on the day of competition. See implement table for specifications for each age group event.

Implements	8 & Under	9-10	11-12	13-14	15-16	17-18
Shot Put (G) 2 kg		Shot Put (G) 6 lb.	Shot Put (G) 6 lb.	Shot Put (G) 6 lb.	Shot Put (G) 4 kg	Shot Put (W) 4 kg.
Shot Put (B) 2 kg		Shot Put (B) 6 lb.	Shot Put (B) 6 lb.	Shot Put (B) 4 kg	Shot Put (B) 12 lb.	Shot Put (M) 12 lb.
Mini Jav (G) 300g	Mini Jav (G) 300g	Aero Jav (G) 450g	Javelin (G) 600g	Javelin (G) 600g	Javelin (G) 600g	Javelin (W) 600g
Mini Jav (B) 300g	Mini Jav (B) 300g	Aero Jav (B) 450g	Javelin (B) 600g	Javelin (B) 800g	Javelin (B) 800g	Javelin (M) 800g
		Discus (G) 1 kg	Discus (G) 1 kg	Discus (G) 1 kg	Discus (G) 1 kg	Discus (W) 1 kg
		Discus (B) 1 kg	Discus (B) 1 kg	Discus (B) 1.6 kg	Discus (B) 1.6 kg	Discus (M) 1.6 kg
				Hammer (G) 4 kg	Hammer (G) 4 kg	Hammer (W) 4 kg
				Hammer (B) 12 lb.	Hammer (B) 12 lb.	Hammer (M) 12 lb.

TRACK PRELIMS AND FINALS: When 8 or fewer athletes from a gender/age group report to the clerk of course by the required check-in time for the 80/100/110 meter hurdles, the 100 meter dash, or the 200 meter dash, the event will be run as a final on the first day of competition and there will be no preliminary race. See specifications for hurdle races in the table:

Hurdle Heights	Number of Hurdles	Start to first hurdle	Space between hurdles	Last hurdle to finish
11-12				
80 m Hurdles (G & B) 30"	8	12 m	7.5 m	15.5 m
13-14				
100 m Hurdles (G) 30"	10	13 m	8.0 m	15 m
100 m Hurdles (B) 33"	10	13 m	8.5 m	10.5 m
200 m Hurdles (G & B) 30"	5	20 m	35 m	40 m
15-16				
100 m Hurdles (G) 33"	10	13 m	8.5 m	10.5 m

110 m Hurdles (B) 39"	10	13.72 m	9.14 m	14.02 m
400 m Hurdles (G) 30"	10	45 m	35 m	40 m
400 m Hurdles (B) 36"	10	45 m	35 m	40 m
17-18				
100 m Hurdles (G) 33"	10	13 m	8.5 m	10.5 m
110 m Hurdles (B) 39"	10	13.72 m	9.14 m	14.02 m
400 m Hurdles (G) 30"	10	45 m	35 m	40 m
400 m Hurdles (B) 36"	10	45 m	35 m	40 m

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front of their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$5.00. Bib numbers will be distributed to athletes at the southeast entry to the track. Coaches may pick up an entire team packet of bibs provided the coach is listed in good standing as a coach with USATF for 2018.

SPIKES: Only ¼" pyramid spikes (or smaller) are permitted on the track. Improper spikes will not be permitted. ¼" replacement spikes will be available to purchase until supplies are sold out. Athletes are expected to bring their track shoes with spikes to the clerking area for inspection.

EVENT RESULTS: During competition, event results will be posted on the East wall of the stands. In addition, event results will be posted live at www.wayzataresults.com and later at www.Minnesota.usatf.org.

AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS: The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 8 Championships to be held Thursday, July 5 through Sunday, July 8 at Iowa State University in Ames, Iowa. Advancements must be completed by declaring through Athletic.net. Qualified athletes may register for the region meet beginning June 20, 2018 and region entries will close July 1, 2018 at 11:59 PM. Failing to register through Athletic.net for the region meet will prevent the athlete from participating.

The National Junior Olympic Championships will be held from Monday, July 23rd to Sunday, July 29th in Greensboro, North Carolina. The top 5 athletes at the Region 8 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. Information is available at: <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

GATE ADMISSION FEES: \$5/person age 6 and older. Coaches must show their current 2018 USATF membership card and must be listed on the USATF website as being in good standing. No spectator fee will be charged on Thursday or Friday.

RULES – CONDUCT & FACILITY: Coolers are not permitted in the stadium. No glass bottles or containers permitted. No grills permitted. No alcohol or tobacco permitted on school property. No pets permitted. All participants and spectators are expected to show proper conduct towards others and the facility. Meet administration reserves the right to have individuals removed from the facility for behavior deemed unacceptable. No refunds.

DIRECTIONS & PARKING: Hamline University's Klas Stadium is located on Taylor Avenue immediately to the east of Snelling Ave in St. Paul, MN. A campus map is available here: <http://www.hamline.edu/directions/> All events are contested within the stadium or the fields adjacent to the stadium and entry for all track and field events is through the main stadium entry.

VOLUNTEERS NEEDED: Staging track meets requires many people. No prior experience necessary for many positions. Please contact the meet director if you can help for even ½ of a day. Lunch provided.

NO ANIMALS PERMITTED AT THE TRACK STADIUM OR FIELD EVENT VENUES: Exception made for service animals for individuals with disabilities.

CLOSED FIELD AND WARM-UP AREA: The football field will be closed except for a flagged warm-up area. The back (north) side of the track will be available for warm-ups when not in use by other events.

COACHES BOXES/CLOSED OFF AREAS: Please see the attached map for coaches' boxes and where you can access the track and field event areas.

PROTESTS: There will be a \$100 cash fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

RECORDS: Meet records maintained since 1984 are available at <http://www.wayzataresults.com/records> .

CONTACT:

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Phone Number: 612-849-0713

E-mail: josh@wayzataresults.com

MEET SCHEDULE:

Thursday, June 14

Gates open to athletes and spectators at 9:00am

10:00 am Decathlon Day 1 15-16 Boys and 17-18 Men (100m/LJ/SP/HJ/400)

10:15 am Pentathlon 13-14 Boys and Girls (100H/SP/HJ/LJ/800m girls or 1500m boys)

10:30 am Heptathlon Day 1 15-16 Girls and 17-18 Women (100H/HJ/SP/200)

12:00 pm 2000m steeplechase girls followed by boys (ages 15-16, 17-18)

2:00 pm Hammer Throw 15-16 Boys and Girls; 17-18 Men and Women

Friday June 15

Gates open to spectators and athletes at 9:00am

10:00 am Decathlon Day 2 (110H/DT/PV/JT/1500)

10:30 am Heptathlon Day 2 (LJ/JT/800)

11:00 am Pentathlon 11-12 Boys and Girls (80H/SP/HJ/LJ/800m girls or 1500m boys)

12:00 pm Triathlon 9-10 Boys and Girls (SP/HJ/200m girls or 400m boys)

Saturday June 16

Gates open to spectators and athletes at 8:00am

Saturday Field Event schedule:

Long Jump

9:00 am	11-12 Boys and Girls
10:15 am	13-14 Boys and Girls
11:30 am	15-16 Boys and Girls
12:45 pm	17-18 Men and Women
2:00 pm	8 & under Boys and Girls
3:15 pm	9-10 Boys and Girls

Shot Put

9:00 am	15-16 Girls and 17-18 Women
10:10 am	8 & under Boys and Girls
10:45 am	11-12 Boys and Girls
12:05 pm	13-14 Girls
12:40 pm	9-10 Boys and Girls
1:55 pm	13-14 Boys
2:35 pm	15-16 Boys and 17-18 Men

High Jump

9:00 am	13-14 Boys and Girls
10:20 am	9-10 Boys and Girls
12:00 pm	11-12 Boys and Girls
1:20 pm	15-16 Girls and 17-18 Women
2:40 pm	15-16 Boys and 17-18 Men

Pole Vault

9:00 am	13-14/15-16/17-18 Boys and Men
12:30 pm	13-14/15-16/17-18 Girls and Women

Discus Throw

9:30 am	15-16/17-18 Boys and Men
11:30 am	15-16/17-18 Girls and Women

Saturday field events continued:

Discus Throw

1:15 pm 11-12/13-14 Boys and Girls

Javelin Throw

2:00 pm 15-16/17-18 Boys and Men
2:30 pm 15-16/17-18 Girls and Women
3:00 pm 13-14 Boys and Girls

Saturday Track Schedule

10:00 am 3000m finals (ages 11-12, 13-14, 15-16, 17-18)
10:30 am 80H/100H/110H prelims (ages 11-12, 13-14, 15-16, 17-18)
11:15 am 100m prelims (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18)
12:45 pm 800m finals (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18)
2:00 pm 200H/400H finals (ages 13-14, 15-16, 17-18)
3:00 pm 200m prelims (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18)
4:15 pm 4 x 400m relay finals (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18)

Sunday June 17

Gates open at 8:00 am

Sunday Field Event Schedule

Triple Jump

10:45 -11:20 am 13-14 and 15-16 Boys and Girls prelims (cafeteria style); 11:25p-11:55p finals
12:25 -1:10 pm 17-18 Men and Women prelims (cafeteria style); 1:15p-1:45p finals

Javelin Throw

11:30 am 11-12 Boys and Girls (Aero Jav)
12:30 pm 9-10 Boys and Girls (Mini (Turbo) Jav)
1:30 pm 8 & under Boys and Girls (Mini (Turbo) Jav)

Sunday Track Schedule

9:00 am 1500m Race Walk (ages 9-10, 11-12) Timed Final
9:00 am 3000m Race Walk (ages 13-14, 15-16, 17-18) Timed Final
9:30 am 4 x 800 relay finals (ages 11-12, 13-14, 15-16, 17-18)
10:00 am 80H/100H/110H finals (top 8 fastest preliminary times)
10:30 am 100m finals (top 8 fastest preliminary times)
11:15 am 1500m finals (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18) Timed Final
12:15 pm 4 x 100 relay finals (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18) Timed Final
12:45 pm 400m finals (ages 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18) Timed Final
2:45 pm 200m finals (top 8 fastest preliminary times)